

Bonding and Veneers — Improving Your Smile

Dental treatments like dental bonding and veneers are not only used to fix cavities or broken teeth but can also be used to improve the look of healthy teeth. Veneers are applied to the entire front surface of the tooth, whereas

bonding is applied to a smaller portion of the tooth. Bonding and veneers make your teeth look better by changing their colour, shape, angle or spacing. Your dentist can fix teeth that are broken, chipped or cracked, that have spaces between them or that are discoloured. Cosmetic dental treatment can improve your smile and give you more confidence.

What is bonding?

Bonding is a painless way to make minor repairs to teeth. In most cases, several teeth can be bonded in one dental visit. Bonding uses tooth-coloured material, called composite resin. Composite resin is put on the tooth, then shaped and hardened with light. The composite resin can be:

- Matched to your teeth.
- Shaped to look like the missing part of a chipped tooth.
- Used to build up teeth and fill between them.
- Used on a broken tooth to restore it to size.
- Painted over a stained tooth to make it match the colour of your other teeth.

A healthy mouth is an important part of a healthy body.